



## Sparkling Blood Orange Mocktail

- 8 oz. blood orange juice, freshly squeezed.
- 1 tbsp honey.
- ½ tsp vanilla extract.
- 4 oz. lime sparkling water.
- blood orange slices for garnish.
- 1/2 cup chopped spinach
- 2 tablespoons of raw unsalted almonds
- 2 tablespoons of raw unsalted peptias (pumpkin seeds)

### Instructions

Squeeze the blood orange juice (on a non-porous surface, it will stain) into a mason jar with a lid or cocktail shaker. Add the honey and vanilla extract to the unchilled juice. Shake. Add ice to cool it down. Pour evenly into two ice-filled glasses. Top with lime sparkling water and a slice of blood orange on top. Enjoy right away